

West Bend Middle School Code of Conduct

Handbook for Athletics



Middle School's Athletic Philosophy

The mission of West Bend Middle School Athletics is to provide an enjoyable educational experience for young adolescents based on their developmental characteristics and needs. The development of young adolescent's self-esteem, citizenship, responsibility, and skills in cooperative and leadership behaviors are positive outcomes of Badger & Silverbrook Middle School's athletic programs. These programs should be enjoyable, vigorous, and safe and should occur in a positive climate with appropriate adult leadership and support. Each athletic program should be coordinated with other school and community activities to offer additional opportunities for young adolescents to explore varied interests. Badger & Silverbrook Middle School's athletics are an essential part of the total educational process and an excellent opportunity for the home, school, and community to work together.

Our athletic program is open to all Badger and Silverbrook students in grades 7-8 and should provide for a positive experience. All adolescents will have the opportunity to participate, play, and experience skill improvement. Our programs promote cooperation, sportsmanship, and personal improvement. Skill development, rather than winning, is the primary goal of the program.

Middle School Seasons (Please refer to the Badger Athletic Web-Page

Fall: Girls & Boys Cross Country, Girls Basketball & All School Dance

Winter: Boys Wrestling, Boys Basketball, & All School Dance

Spring: Girls Volleyball, Girls & Boys Track and Field

Sign-ups for sports will take place about a month before the season begins.

* Announcements will be made during school hours as well as a mass email will be sent home as to when signups will occur. *

To participate, the following things need to be handed in **prior to the first practice:**

- 1) Family ID registration completed with Physical Card uploaded. (Instructions Below)
- 2) \$65 athletic fee paid to the respective school

Select the sport year: Fall, Winter, or Spring

1. Go to the following website:

<http://www.familyid.com/badger-middle-school-west-bend>

1. Click on Programs (Green Button on the right hand side) or Scroll to the bottom of the picture and click on Fall Athletic Registration.

1. Click on the green "Register Now"

1. Click on "Create Account" and begin creating an account for your son/daughter.

1. After you complete your registration you will receive confirmation that the process has been completed. They will not be approved until payment. NOTE: there is no RED card anymore. All information (including Physical Form Upload) will need to be complete prior to the start of the season. Any athlete who is not Approved for participation will not be able to participate until all forms are complete.

Be sure to stop by room 212 to drop off payment (if not done online)

NOTE: Physicals will need to be uploaded onto this account. If I have your physical on file you will need to have your son/daughter get it from me so you can upload it to your registration. If you have the current physical it will need to be uploaded onto the account. The website will let you know how to complete that step.

The Purpose of this Handbook:

This handbook provides information regarding participation in middle school athletic programs in the West Bend School District.

These are voluntary programs provided as additional activities for those students with interest and desire to participate. Participation is controlled and regulated by the West Bend Athletic Department.

When a student elects to participate, the student automatically and without reservation acknowledges these rules and guidelines as those the student must adhere to so long as the student intends to participate, not only through a season, but from the beginning to the end of their participation in these programs.

West Bend Middle School Rules and Regulations

Alcohol, Tobacco, Drug Use

Badger and Silverbrook Middle Schools will not tolerate their students being involved with alcohol consumption, tobacco products, and unauthorized drugs. If students find themselves in a situation where underage drinking, drug or tobacco use occurring, we expect the student would leave immediately. If, through our investigation, we find that the student did not take this action and remained in a situation involving alcohol or drugs, the sanctions listed below will be implemented.

First offense: The student will be suspended from games equal to 50% of the season.

This number may carry-over to the next sport.

Second offense: Suspension from all extra-curricular activities for the remainder of the school year.

Scholastic Regulations

A student must pass all classes in a grading period (Quarter) to be eligible to participate. One or more failing grades on a progress report or quarter report card will result in the following:

- The student will be placed on academic probation for two weeks during which time the student must continue practicing but will not be allowed to participate in games. Students are not allowed to dress in their uniform on day of game or travel with the team.
- After the two (2) week probationary period, the student's will receive a grade sheet report. The student will need to take the report to all of their teachers and hand in the report to the athletic coordinator. Once the athletic coordinator has viewed and approved the document they will sign the report and the student will receive a copy. The copy will need to be given to the head coach to indicate the student is reinstated back on the team for competition.
- If the student does not have a passing grade on their sheet they will receive one additional week to raise their grade up. After that week has passed the student will then give another grade sheet report to their teachers. After all signatures are collected he/she will then hand in the report to the athletic coordinator for approval.
- Failure to comply to the academic regulations will result in removal of the team/activity.

TRAINING AND CONDUCT REGULATIONS

1. All students shall conduct themselves both in and out of school, including practice times, in such a manner as will not, in the opinion of the athletic coordinator, bring discredit to the athlete, his/her parents, school, or team, or injure or potentially injure any other student or athlete.
2. When the athletic coordinator or coach is notified that a player has been disrespectful in class, has numerous tardies to school, is not prepared for class, is not participating in class or activities or has a sudden drop in grades, the athletic coordinator or coach may institute an appropriate punishment (i.e. reduced playing time) to let the player know that classroom conduct and grades are the primary focus.

TRANSPORTATION

1. All participants must ride school-sponsored transportation to and from athletic/activity contests.
2. Parents may provide transportation for their son/daughter with an approved district transportation form that can be found on the Badger athletic website. This adult must be one of the athlete's parents. Athletes can ONLY ride with their parents/guardians.

EQUIPMENT

One of the values is teach responsibility and this should apply to the care of equipment as well as other school property. Equipment is a very costly item in our athletic budget. The West Bend High Schools pride themselves in furnishing good quality, safe athletic equipment. It is expected that athletes will take excellent care of their equipment.

1. Each athlete is responsible for the school equipment issued and its prompt return at the conclusion of the season. The athlete is financially responsible for all lost or misplaced equipment that was originally issued. **Athletes must turn in all issued equipment or submit proper payment to the athletic office in order to be eligible for participation in future sport seasons.**
2. No school athletic equipment is to be worn during any physical education classes or any other period of exercise outside the time required for practice session and/or game situations unless so authorized.
3. Any athlete who is found to be in possession of any athletic equipment from any other competing school will be subject to suspension from the athletic program.
4. Student athletes and their parents are asked to see that any school athletic equipment be returned to the school as soon as possible.

CARE OF PERSONAL BELONGINGS

1. The student should make sure all personal belongings, clothing, and other valuables are locked in a locker at all times during practices and games.
2. Any athlete who does have an issue with lost or possible stolen items should report it to the coach as soon as possible.
3. The district is not responsible for lost, stolen or damaged items.

HEALTH AND WELFARE

1. *Injuries and Accidents*
 - a. In the best interest of the health and welfare of participants, all injuries incurred while participating in a school sponsored sport, in practices or events, must be reported to the coach, regardless of the degree of seriousness.
2. *Insurance*
 - a. All participants in the athletic program, before any practice, must have a signed athletic insurance waiver on file in the athletic office. The school district does not provide any type of health or accident insurance for injuries incurred by your child at school. If the parent or guardian has not insurance, it is recommended that you seek coverage through an insurance agent.

LOCKER ROOM POLICY STUDENTS 731.1

PUPIL CONTROL AND CONDUCT

PRIVACY IN THE LOCKER ROOM AND RESTROOM FACILITIES

Locker rooms are provided for use by students participating in physical education, athletes, and other activity groups or individuals authorized by the building principal/designee. The West Bend School District recognizes the privacy rights of individuals using the locker room, as well as restroom facilities, and shall take reasonable measures to protect an individual's privacy.

The following provisions outline the extent to which that protection can and will be provided:

1. Under no circumstances can a person use a camera, video recorder, cell phone or other recording device to capture, record or transfer a representation of a nude or partially nude person in the locker room or restroom facility. Any other use of a camera, video recorder or other recording device in the locker room requires the prior permission of the building principal/designee and the person being photographed, videotaped or recorded. Under no circumstances may cameras, video recorders, or other recording devices be used in restroom facilities.
2. At no time will anyone be permitted to enter into the locker room/restroom facility or remain in the locker room/restroom facility to interview or seek information from an individual.
3. No media is allowed access to the locker rooms/restroom facilities at any time. Coaches and student athletes may be available for interviews directly outside of the locker rooms.
4. Non-team members may not enter the locker room without prior permission from the coach.

Students and staff violating this policy may be subjected to school disciplinary action and possible legal referral. Other persons violating the policy may be subjected to penalties as applicable in state law.

The building principal/designee shall post the policy in every locker room in the district and shall publish it annually.

Policy enforcement shall be the responsibility of the building principal/designee.

Adopted: November 10, 2008

Concussion Information - When in Doubt, Sit Them Out!

Before a student may participate in practice or competition: At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.

An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.

A person who has been removed from a youth athletic activity may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider.

<p>These are some SIGNS concussion (what others can see in an injured athlete):</p> <ul style="list-style-type: none">Dazed or stunned appearanceChange in the level of consciousness or awarenessConfused about assignmentForgets playsUnsure of score, game, opponentClumsyAnswers more slowly than usualShows behavior changesLoss of consciousnessAsks repetitive questions or memory concerns	<p>These are some of the more common SYMPTOMS of concussion (what an injured athlete feels):</p> <ul style="list-style-type: none">HeadacheNauseaDizzy or unsteadySensitive to light or noiseFeeling mentally foggyProblems with concentration and memoryConfusedSlow
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Injured athletes can exhibit many or just a few of the signs and/or symptoms of concussion. However, if a player exhibits any signs or symptoms of concussion, the responsibility is simple: remove them from participation. "When in doubt sit them out."

It is important to notify a parent or guardian when an athlete is thought to have a concussion. Any athlete with a concussion must be seen by an appropriate health care provider before returning to practice (including weight lifting) or competition.

CONCUSSION PROTOCOL RETURN TO PLAY

Current recommendations are for a stepwise return to play program. In order to resume activity, the athlete must be symptom free and off any pain control or headache medications. The athlete should be carrying a full academic load without any significant accommodations. Finally, the athlete must have clearance from an appropriate health care provider.

The program described below is a guideline for returning concussed athletes when they are symptom free. Athletes with multiple concussions and athletes with prolonged symptoms often require a very different return to activity program and should be managed by a physician that has experience in treating concussion.

The following program allows for one step per 24 hours. The program allows for a gradual increase in heart rate/physical exertion, coordination, and then allows contact. If symptoms return, the athlete should stop activity and notify their healthcare provider before progressing to the next level.

STEP ONE: About 15 minutes of light exercise: stationary biking or jogging

STEP TWO: More strenuous running and sprinting in the gym or field without equipment

STEP THREE: Begin non-contact drills in full uniform. May also resume weight lifting STEP

FOUR: Full practice with contact

STEP FIVE: Full game clearance

118.293 Concussion and head injury.

(1) In this section:

(a) "Credential" means a license or certificate of certification issued by this state.

(b) "Health care provider" means a person to whom all of the following apply:

1. He or she holds a credential that authorizes the person to provide health care.

2. He or she is trained and has experience in evaluating and managing pediatric concussions and head injuries.

3. He or she is practicing within the scope of his or her credential.

(c) "Youth athletic activity" means an organized athletic activity in which the participants, a majority of whom are under 19 years of age, are engaged in an athletic game or competition against another team, club, or entity, or in practice or preparation for an organized athletic game or competition against another team, club, or entity. "Youth athletic activity" does not include a college or university activity or an activity that is incidental to a nonathletic program.

(2) In consultation with the Wisconsin Interscholastic Athletic Association, the department shall develop guidelines and other information for the purpose of educating athletic coaches and pupil athletes and their parents or guardians about the nature and risk of concussion and head injury in youth athletic activities.

(3) At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or

she is under the age of 19, by his or her parent or guardian.

(4) (a) An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.

(b) A person who has been removed from a youth athletic activity under par. (a) may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider.

(5) (a) Any athletic coach, official involved in an athletic activity, or volunteer who fails to remove a person from a youth athletic activity under sub. (4) (a) is immune from civil liability for any injury resulting from that omission unless it constitutes gross negligence or willful or wanton misconduct.

(b) Any volunteer who authorizes a person to participate in a youth athletic activity under sub. (4) (b) is immune from civil liability for any injury resulting from that act unless the act constitutes gross negligence or willful or wanton misconduct.

(6) This section does not create any liability for, or a cause of action against, any person.

Possible Information Sheets:

Coaches: <http://www.wiaawi.org/health/CoachGuide.pdf> Parents:

<http://www.wiaawi.org/health/ParentFactSheet.pdf> Parents:

<http://www.wiaawi.org/health/NFHSParentGuide.pdf> Athletes:

<http://www.wiaawi.org/health/AthleteFactSheet.pdf> Order CDC materials:

<http://wwwn.cdc.gov/pubs/ncipc.aspx#tbi4>